



Wellington Early Learning Centres Inc.

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Policies and Procedures Manual	Section 6 Health Safety & Medical	Page 1 of 1
Sun Protection Policy & Procedure & Sunscreen Checklist Form	Policy #6.1.10	Date: July 2, 1998
		Review/Revise Date: Feb. 10/2012

Sun Protection Policy

"In 1992 Environment Canada scientists developed a method to predict the strength of the sun's UV rays, based on day to day changes in the ozone layer. That same year Canada developed the UV Index and became the first country in the world to issue nation-wide daily forecasts of tomorrow's UV." Environment Canada

Environment Canada recommends that due to the increase in ultra violet rays, safe practices should be put into place to limit exposure to the sun. We all are now aware of the threat of strong UV rays and the importance of protecting our children's sensitive skin. Our policy is to be aware of all current measures being taken to ensure that children have a safe and happy outdoor program. We use shaded areas as much as possible and plan our outside play times to avoid the hottest part of the day. We have a procedure for applying sunscreen which we feel provides all the precautions necessary for protection from the sun. We feel that parents are partners in this endeavour and so we ask for your support. If for some reason you feel that your child should not have to use sunscreen we ask that you indicate this to acknowledge your responsibility in making this decision.

Sun Protection Procedures

The following precautions will be followed by the staff;

1. Sun exposure will be kept to a minimum, especially between the hours of 10 a.m. and 2 p.m.
2. Children will be required to wear hats and sunscreen outside except where parents do not permit. Parents will also be encouraged to send children to school dressed in light long sleeved clothing to protect children's skin.
3. We recommend parents provide a sunscreen block of 30. Please check to make sure there is an expiry date which has not been exceeded marked on the sunscreen. Sunscreen bottles will be labeled with the child's name.
4. The Day Nurseries Act requires parents fill out a permission form so that staff may apply the Sunscreen. They also require sunscreens to be stored out of reach of the children in the staff's possession. They cannot be kept in the child's back pack.
5. Staff will limit children to shaded areas in the peak sun times. Staff will also be aware of the Daily UV Reports and will plan their play times outside with these in mind. Staff will also be aware that the sun can penetrate clouds, fog and haze and that sand, concrete, water and snow reflect the sun's rays by up to 80%.
6. Sunscreen will be applied 30 minutes prior to going outside and reapplied after two hours if the children are still outside. Staff will be aware of the areas where sunscreen needs to be applied including creases in arms, and legs, the ears and the top of the feet. Parents are encouraged to apply sunscreen before the child arrives if they will soon be outside.
7. Staff members need to be aware of the children who are on medication which may increase sensitivity to the sun. Staff will also be aware if individual children who may be more sensitive i.e. children with red or blond hair.
8. Children will have ready access to drinking water in hot days, and staff will be aware of the dangers of sun or heat stroke.

Sunscreen Permission Form

I choose not to have my child wear sunscreen.

_____ may have sunscreen applied before all outside play.

The sunscreen supplied is _____ Expiry Date: _____

Parent Signature: _____ Date: _____